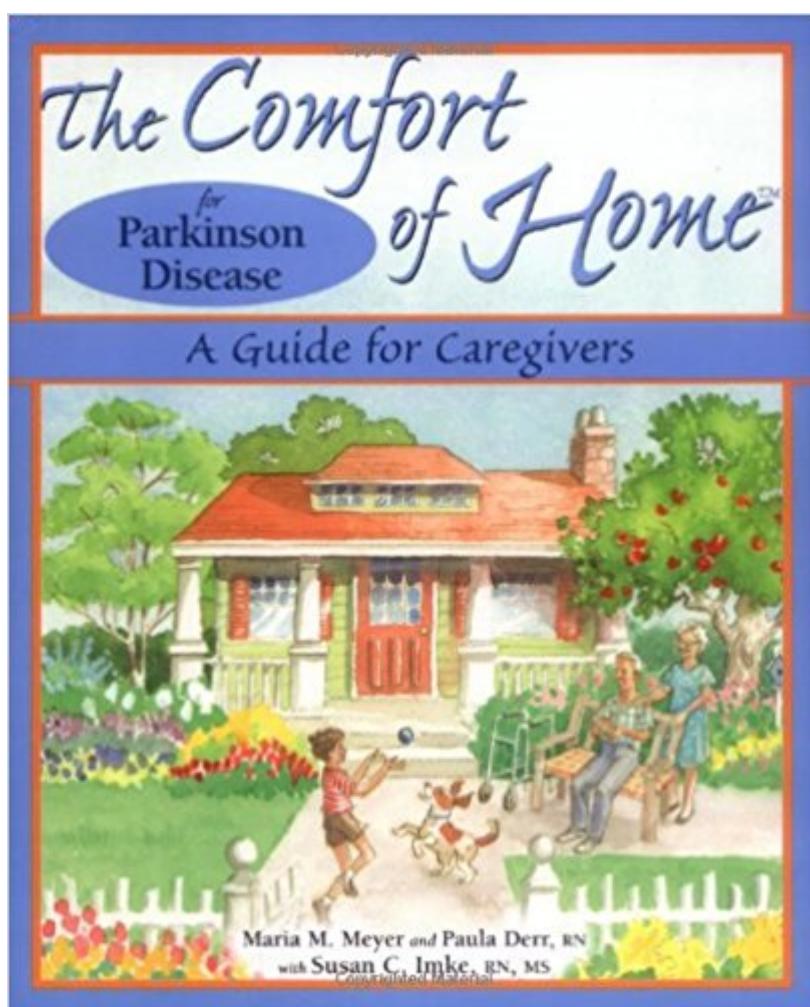


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# The Comfort Of Home For Parkinson Disease: A Guide For Caregivers



## **Synopsis**

This comprehensive guide to the day-to-day issues confronted by Parkinson disease patients and their caregivers covers every caregiving stage. It's all here in an illustrated, easy-to-read format, including the decision to provide home care, preparing the home, assisting with daily activities, financial management, and strategies for avoiding caregiver burnout. This guide also includes information on the specific issues that PD patients and caregivers face, as well as tips on purchasing equipment, travel, therapies, loss of motor skills, and communicating effectively with physicians.

## **Book Information**

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## **Customer Reviews**

Being a carer...can be mentally, physically and emotionally challenging...this practical guide...provides information to help carers through all stages of Parkinson's. -- European Parkinson's Disease Association, [This] guide for caregivers...is a real tour de force. --Parkinson's Association of Ireland, 2007One of the many definitions of comfort is the capacity to ease well-being , which certainly applies to our homes when we are seeking well-being. The word, care, may have many meanings in different scenarios, but one I like best is to treat with dignity . The Comfort of Home is truly the best resource for caregivers I have seen. The basic descriptions, pictures, quick bullets of information and tips are just what caregivers need to learn, provided in an easy to read and see version. The myriad of helpful topics condensed here is just what caregivers I work with

have requested and will benefit from. I highly recommend this resource to all caregivers of those with Parkinson's disease. --Gwyn M. Vernon, MSN, CRNP, Neurology Nurse PractitionerUniversity of Pennsylvania, Graduate School of Nursing

Maria M. Meyer has been a long-time advocate of social causes, beginning with her work as co-founder of the Society for Abused Children of the Children's Home Society of Florida and founding executive director of the Children's Foundation of Greater Miami. When her father-in-law suffered a stroke in 1993, Maria became aware of the need for better information about how to care for an aging parent, a responsibility shared by millions of Americans. That experience led Maria to found CareTrust Publications and to co-author the award winning guide, *The Comfort of Home: An Illustrated Step-by-Step Guide for Caregivers*, earning the Benjamin Franklin Award in the health category. She is a keynote speaker and workshop leader on caregiver topics to healthcare professionals and community groups as well as a Caregiver Community Action Network volunteer in for the National Family Caregiver Association.

I gave a copy of this book to my in-laws (my father in law has Parkinson's). They both appreciated looking through it for ideas. Some of the information they do not need yet, but are glad to know where to look when they do (for instance: how high to install those support bars in the hallway?). Some of the tips on how to manage symptoms - for instance if you have bad balance: walk in a small half circle instead of trying to make a sharp turn. Small bits of knowledge like that have been really helpful. They like knowing they do not have to re-invent the wheel, someone has already discovered some of the things that will make a more comfortable home for both the person who has Parkinson's and the Caregiver.

The book's format is such that the reader can quickly refer to the subject area they desire. Information is given in layman's terms while still being medically up-to-date. Illustrations make it even more helpful. Recommend it to any PD caregiver.

This book has been so helpful. A must have for every caregiver.

Lots of good information.

"Comfort" is a perfect word for the title of Maria M. Meyer, Paula Derr, and Susan C. Imke's book

"The Comfort of Home." The authors are accomplished registered nurses as well as caregiver educators and advocates. Ms. Imke contributes a wealth of specialized knowledge of, and experience with, Parkinson disease. "The Comfort of Home for Parkinson Disease" brings comfort and peace of mind to families of people with Parkinson disease. The authors have successfully compiled a complete collection of the latest Parkinson disease-specific information, resources, caregiving options, record-keeping templates, home safety tips and illustrations, and much more. The material is presented with clarity and compassion. Two important and fundamental premises permeate the book: 1) that Parkinson disease affects not only the patient, but the caregiver, and the entire family system; and 2) that PD demands a holistic, team approach to care. This book not only validates, but also elevates, the role of the family caregiver as someone who is intimately involved in, and knowledgeable about, the disease, and who is an integral member of the care team. The book goes the extra mile (actually, miles) to help any family caregiver navigate the systems of health care, home care, and Parkinson disease. I heartily give this book 5 stars. Diane B. Breslow, MSW, LCSW, Center Coordinator, Northwestern University Parkinson's Disease and Movement Disorders Center, National Parkinson Foundation Center of Excellence

Now in a newly and substantially revised and expanded third edition, "The Comfort Of Home: A Complete Guide For Caregivers" continues to earn its reputation as the 'bible' for providing home caregivers to aged, ill or handicapped loved ones with a thoroughly 'user friendly' illustrated guide that covers everything necessary from daily living tasks to preparations for hospice care, to making funeral arrangements. This is a complete and superbly organized, 216-page, comprehensive 'how to' manual that will help the caregiver to develop their skills, expertise, and confidence, which will in turn enhance their peace of mind with respect to the quality of life they are helping to afford their charge. Also available in a Spanish language edition, "The Comfort Of Home: A Complete Guide For Caregivers" is a 'must' for anyone having responsibility for helping another to continue to live in their home, prepare them for having to move into an extended care facility, or to help make final arrangements. Three other outstanding and highly recommended specialized manuals for professional home care from CareTrust Publications include: "The Comfort Of Home For Parkinson Diseases: A Guide For Caregivers" ; "The Comfort Of Home For Stroke: A Guide For Caregivers" ; and "The Comfort Of Home Multiple Sclerosis Edition: An Illustrated Step-by-Step Guide For Multiple Sclerosis Caregivers".

"One of the many definitions of comfort is "the capacity to ease well-being", which certainly applies

to our homes when we are seeking well-being. The word, care, may have many meanings in different scenarios, but one I like best is "to treat with dignity". The Comfort of Home is truly the best resource for caregivers I have seen. The basic descriptions, pictures, quick bullets of information and tips are just what caregivers need to learn, provided in an easy to "read and see" version. The myriad of helpful topics condensed here is just what caregivers I work with have requested and will benefit from. I highly recommend this resource to all caregivers of those with Parkinson's disease." [Neurology Nurse Practitioner and Faculty member, University of Pennsylvania, Graduate School of Nursing Gwyn M. Vernon, MSN, CRNP]

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